

x'clusive

What got you into colour forecasting?

During my term as an ASID chapter president (American Society of Interior Designers) I went through an immense personal development and soul searching. By the end of my term, I came to the conclusion that although I loved doing interior design, I needed a change and wanted to play in a bigger game.

I realized I had two primary passions; colour and inspiring others to use colour.

Ok, now what to do with these passions; most importantly how to make money with it? As certified interior designer and design firm owner for over 20 years, many of my designer friends thought I had lost my mind; especially when I began taking acting classes. A few of them said "you have too much to lose; we don't know any professional interior designers who work with acting coaches". I told them, it may appear strange to you; but it feels right to me. The transition was not a difficult as one would think.

- 1. I joined CMG (Colour Marketing Group), which connected me with international likeminded people, working in the world of colour.
- 2. For inspiring people, I studied (still do) with acting, voice, media and writing coaches. I honestly believe if you feel the passion deep in your soul; the universe will support you.

Get up close & personal

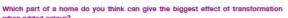


What colour would best describe you?

That's a tough one! I'm a Chameleon. I love being surrounded by every hue; I'm passionate about what each one of them contributes to the rainbow. But when it comes to my personal wardrobe, you won't find many browns lurking in my closet. This flashy lizard prefers, highly saturated jewel tones. Red would describe me (most of the time). It's the colour of Chi (energy), passion and life.



Yes, I collect colourful treasures from my travels that add even more interest. When my creative juices start flowing, I wildly spin the color wheel. I'm constantly repainting my interior in order to change the colours of my home. My poor family never knows what colour they're going to come home to.



Color has the power to transform any room. But, it is particularly important that the colors and other design elements be carefully considered in the entry room. As the first room, sets the tone for the rest of the home.

Which do you prefer, colour on accessories or colour on walls?

Accessorizing is an important of interior design; it's the sizzle that pulls the elements together and is best if sprinkled throughout the design. Think of the 60-30-10 rule. 60% of the hue unifies the scheme. 30% provides visual interest, while 10% provides the sparkle. A woman, in a beautiful evening gown, wouldn't feel polished before adorning herself with 10% bling...diamonds, pleasel





with Denise Turner

Find out her hue aspirations and how she got her life coloured by them



In what way do you think has colour affected or changed the world today?

Thanks to technology, the world continues to get smaller. With a click of the mouse, we can instantly glimpse into other parts of the world for current events and design inspiration. We are becoming more connected internationally through color. A primary example is the colour "green". Green is associated with health, balance and environmental issues. Sense these issues are on everyone's mind, there's no surprise that "green" appeared as an important color family international for every CMG forecast in 2010.

Where does this 'energy' from colours come from?

We can thank Mr. Sunshine for Colour's energy. There are seven colours of the rainbow, within the sun's pure light, which are - red, orange, yellow, green, blue, indigo and violet. Each colour emits a different wave length and energy frequency. For example, red has the lowest vibration and longest wavelength. While violet, has the highest frequency and shortest wavelength. Colour has been used for centuries, as in Chroma Therapy for its profound healing properties. These different colour frequencies correspond to the bodies' 7 chakra colours. Chakra is a Sanscrit word meaning "Wheel of Light" and refers to the body's seven major energy centers which are positioned along the spinal column. Colour affects our physical, emotional and spiritual wellbeing.

Are there any tips that you can give to people who are interested to learn more about

Study your natural environment; the tropical birds, fish and flowers of Malaysia are gorgeous. I'm in awe of their amazing colours and combinations. The best way to understand colour is to get your hands dirty and start painting. An excellent, step-by-step book is "Colour, A course in mastering the art of mixing colours" by Betty Edwards. Most of all, give yourself permission to play with colour. Who knows, you might like it so well that you decide to take the colourful road and join me.

